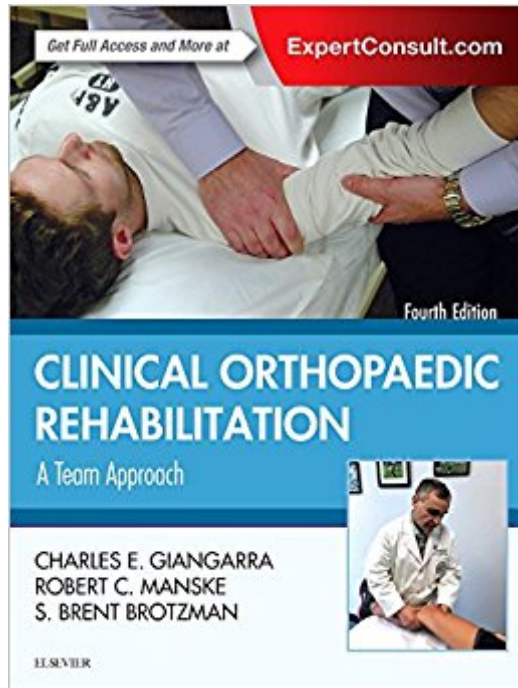




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Clinical Orthopaedic Rehabilitation: A Team Approach, 4e



Synopsis

Evidence suggests a direct correlation between the quality of postoperative orthopaedic rehabilitation and the effectiveness of the surgery. *Clinical Orthopaedic Rehabilitation*, 4th Edition, helps today's orthopaedic teams apply the most effective, evidence-based protocols for maximizing return to function following common sports injuries and post-surgical conditions. Charles Giangarra, MD and Robert Manske, PT continue the commitment to excellence established by Dr. S. Brent Brotzman in previous editions, bringing a fresh perspective to the team approach to rehabilitation. Every section is written by a combination of surgeons, physical therapists, and occupational therapists, making this respected text a truly practical "how-to" guide for the appropriate initial exam, differential diagnosis, treatment, and rehabilitation. Treatment and rehabilitation protocols are presented in a step-by-step, algorithmic format with each new phase begun after criteria are met (criteria-based progression, reflecting current best practice). Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, videos, and references from the book on a variety of devices. Revised content brings you up to date with new evidence-based literature on examination techniques, classification systems, differential diagnosis, treatment options, and criteria-based rehabilitation protocols. Extensive updates throughout include new chapters on: medial patellofemoral ligament, shoulder impingement, pec major ruptures, thoracic outlet syndrome, general humeral fractures, foot and ankle fractures, medial patellofemoral ligament reconstruction, the arthritic hip, athletic pubalgia, and labral repair and reconstruction.

Book Information

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Customer Reviews

"This is an invaluable resource for all clinicians working with an orthopedic population. It covers surgical procedures, the evaluation process, treatment ideas/protocols, and current resources for further inquiry. The authors cite new and updated evidence-based treatment ideas and rehabilitation protocols as the rationale for this updated edition. The book is very much in step with these ongoing changes in orthopedic rehabilitation." - Christopher Blessing, MS, MPT, OCS, CSCS (University Medical Center of Princeton at Plainsboro) Doody's Score: 90 - 4 Stars!

Excellent resource for clinicians. Diagrams and photos are well placed. Online content is also available and easy to use. Many post-operative protocols and clinical guidelines to help guide rehabilitation timeframes. Multiple contributing authors with well put together chapters.

Being a sports medicine physician, I'm well aware of the needs to integrate quality therapy with proper musculoskeletal diagnosis. This book meets at that intersection and serves as the perfect adjunct in my practice to help me better understand the therapeutic regimen I need to request. Feedback from one of my partner therapists suggest they appreciate the flip side of it considering the diagnostic descriptors help them better understand the "medical view".

As a person who works in the sports medicine field I find that this book helps with being able to return athletes back to the game after enduring traumatic injuries that result in surgery. His approach is great and knowing the positive relationship between post surgical rehab and recovery is where Giangarra nails it on the head. Fantastic read!

I found the text to be an especially thorough review of orthopaedic medicine and proper rehabilitation. I found chapter 69 to be well written and full of insight.

Great book, really enjoyed as a fellow physician as well.

Fantastic!

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